

In-House Tournament!

Written by
Friday, 26 November 2010 00:00

Hello all members and parents!

Just a quick reminder that all regularly scheduled classes for Sunday November 28 are cancelled due to the Scheer's November to Remember Point Sparring and Light Kickboxing event.

If you haven't registered yet – please do so as soon as possible . Registrations will not be accepted after 12:00 (noon) on Saturday. Please note that we have changed the times as we are sure that everyone wants to be gone in good time to watch the Grey Cup. (GO RIDERS!)

Competitors should be here as follows:

- 10:30 a.m. Green Advanced belts and down for an 11:00 start time.
- 11:30 a.m. Blue Belts and up
- 12:00 p.m. Light Kickboxers

We ask that competitors gather on the asphalt by the gym area and we will organize the divisions from there. A copy of the point sparring rules is posted at the water dispenser. Please call if you have any questions and I look forward to seeing you all on Sunday! Remember your cameras and/or video cameras.

Sensei Anita Dutka
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