

February 11 2013

Written by Administrator
Wednesday, 20 February 2013 16:03

IMPORTANT ANNOUNCEMENT: SMAA* is hosting the Scheer's In-House Extreme Grappling Tournament on Sunday March 3. All regularly scheduled classes will be cancelled for this event.

CALL for Volunteers: There is a sign up sheet for scorekeepers/timers and there will be a training session on Saturday March 2 at 2:00 p.m.

Tournament information:

We will take registrations up to noon on Saturday March 2. The fee is \$20 for one event or \$30 for both gi and no-gi events and is payable in cash or cheque only to the SMAA. The no-gi events will be open to JR MMA students as well as the adult competitors. All other youth students will have only the gi event to compete in.

Competitors should be here at 10:00 a.m. and will be placed into their divisions. Grappling will begin as soon as all the divisions are confirmed.

All that is needed is the uniform for the gi competition (please leave your belts at home – there will be belts provided). A mouth guard is recommended as well as groin protection for the male competitors.

Spectators are welcome and can cheer on their favourites.

But please be supportive of ALL Students!!! Participating in tournaments is a way to expand the student's experience and make one more confident by accepting a challenge. Even if the student does not win, a valuable experience is gained and character can be built by accepting that loss gracefully by acknowledging and congratulating the winner.

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For the adult events, competitors should be here by 11:00.

There is no admission fee to this event; however it would be absolutely wonderful if everyone could support the club by buying something from the pro-shop or by purchasing a drink or snack from upstairs.

If at all possible, please arrange to car-pool to alleviate the parking lot mayhem.

GOOD LUCK !!!!! And thank you in advance to all our great volunteers!

UPCOMING EVENTS:

Scheer's In-House Extreme Grappling Tournament, Sunday March 3

ALPHA FIGHT April 13th check out <https://www.facebook.com/#!/AlphaFight>

Scheer's Western Plains Open Tournament , Saturday April 20th at Walter Murray Collegiate.

FACILITY CLOSURES:

- Family Day, Monday February 18th

- All regularly scheduled classes will be cancelled for March 3rd; however the gym will be available for those who have gym memberships.

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- Easter long-weekend, Friday March 29th to Sunday March 31st

- Western Plains Open Tournament Day (come see us at Walter Murray Collegiate!!!) Saturday April 20th.

Have a wonderful Family Day and I look forward to our next great event on March 3!